

Committee: Healthier Communities and Older People Overview and Scrutiny Committee

Date: 2014

Agenda item:

Wards: ALL

Subject: Physical activity for the fifty five plus age group

Lead officer: Stella Akintan, Scrutiny Officer

Lead member: Councillor Logie Lohendran, Chair of the Healthier Communities and Older People overview and scrutiny panel.

Forward Plan reference number:

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Recommendations:

- A. That That the Healthier Communities and Older People Overview and Scrutiny Panel considers and endorses the recommendations arising from the scrutiny review on physical activity for the fifty five plus in Merton attached at **Appendix 1**
- B. That the Panel agrees to forward the report to Cabinet for approval and implementation of the recommendations, by means of an action plan to be drawn up by officers and relevant partners working with the Cabinet Member(s) to be designated by Cabinet.

1 PURPOSE OF REPORT AND EXECUTIVE SUMMARY

- 1.1. The purpose of the report is to provide Panel members with the draft task group review looking at physical activity for the 55 plus age group.

2 DETAILS

- 2.1. Last year the Healthier Communities and Older People Overview and Scrutiny Panel agreed to undertake a task group review of physical activity for the fifty five plus. The task group spoke to a wide range of witnesses including Age UK Merton and Pro Active South London.
- 2.2. The task group identified a number of barriers which exclude people who are fifty five plus from getting involved in physical activity. These include the cost of services and not knowing what local activities are available.

3 ALTERNATIVE OPTIONS

The Healthier Communities and Older People Overview and Scrutiny Panel can select topics for scrutiny review and for other scrutiny work as it sees fit, taking into account views and suggestions from officers, partner organisations and the public.

Cabinet is constitutionally required to receive, consider and respond to scrutiny recommendations within two months of receiving them at a meeting.

- 3.1. Cabinet is not, however, required to agree and implement recommendations from Overview and Scrutiny. Cabinet could agree to implement some, or none, of the recommendations made in the scrutiny review final report.

4 CONSULTATION UNDERTAKEN OR PROPOSED

- 4.1. The Panel will be consulted at the meeting

5 TIMETABLE

- 5.1. The Panel will consider important items as they arise as part of their work programme for 2013/14

6 FINANCIAL, RESOURCE AND PROPERTY IMPLICATIONS

- 6.1. None relating to this covering report

7 LEGAL AND STATUTORY IMPLICATIONS

- 7.1. None relating to this covering report. Scrutiny work involves consideration of the legal and statutory implications of the topic being scrutinised.

8 HUMAN RIGHTS, EQUALITIES AND COMMUNITY COHESION IMPLICATIONS

- 8.1. It is a fundamental aim of the scrutiny process to ensure that there is full and equal access to the democratic process through public involvement and engaging with local partners in scrutiny reviews. Furthermore, the outcomes of reviews are intended to benefit all sections of the local community.

9 CRIME AND DISORDER IMPLICATIONS

- 9.1. None relating to this covering report. Scrutiny work involves consideration of the crime and disorder implications of the topic being scrutinised.

10 RISK MANAGEMENT AND HEALTH AND SAFETY IMPLICATIONS

- 10.1. None relating to this covering report

11 APPENDICES – THE FOLLOWING DOCUMENTS ARE TO BE PUBLISHED WITH THIS REPORT AND FORM PART OF THE REPORT

- Draft task group report on physical activity for the fifty five plus age group.

12 BACKGROUND PAPERS

- 12.1.